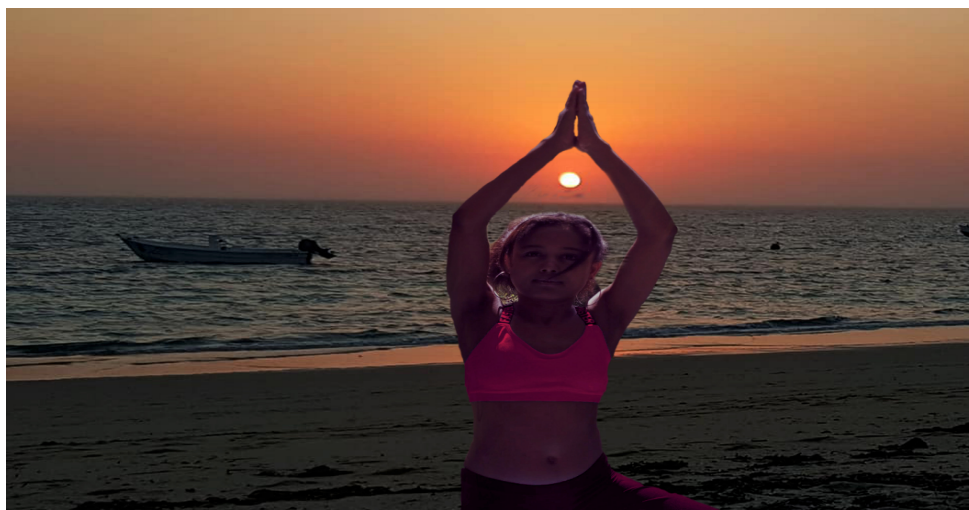


MADAGASCAR OCEAN YOGA

ANTANANARIVO – AMPEFY – TOLIARA – ANAKAO – NOSY VE
SARODRANO – TSIMANAMPETSOTSA

HIGHLIGHTS:

- 9 x morning yoga
- Adventure live in front of the ocean Indian
- Discovery of the Mangroves View
- Beautiful exotic yellow beaches in an island Sarodrano
- Discovery savane with exotic view
- Diving and snorkeling
- Discover the culture of the south coast of the island, Vezo Ethnie
- Discovery of Fauna & Flora such as Chameleon and other animal and plant species
- Discover several exceptional islands of southern Madagascar
- Discovery of the lemurs



ITINERARY

Day 1: Welcome to Ivato Airport Transfer to the hotel.

You will be picked up by an English speaking guide and accompanied to the hotel. After having a long flight you can relax at the Hôtel Restaurant La Ribaudière Antananarivo. 4-star hotel.

Day 2: Morning yoga - discovery of Rova Palace in Antananarivo and the beautiful Geysire of Analavory - Waterfalls of the river Lily Ampefy - 125 Km ca. 2: 40 h

After morning yoga you will take breakfast and then you will visit the Royal Place Rova and then continue to Ampefy to visit the region and the waterfalls of the river Lily. You will also visit the Geysire of Analavory. This is in a beautiful volcanic environment in Ampefy. On the way you will observe the cultural life of Antananarivo inhabitants. They live most of the time on the street as well as selling something. The duration of all the excursions will be approx. 5 hours. Then you will return to the Hôtel Restaurant La Ribaudière Antananarivo . 4 star hotel.

ANTANANARIVO

You will visit the former Royal Palace Rova of Madagascar. This is one of the famous historical cultures of Madagascar during the colonial period, executed by the monarchs of the Kingdom of Imerina in the 17th and 18th years and the monarchs of the Kingdom of Madagascar in the 19th. It is located at an altitude of 1462 m on the highest elevation of the capital, the Analamanga, and is thus almost 200 m above the quarters of the lower city.



AMPEFY

The town is located in the district of Soavinandriana in the Itasy region. Apart from a place completely isolated from the hustle and bustle of the big cities, the village of Ampefy offers you a unique and contrasting landscape. Located to the west of Antananarivo, the road to this region leads to the volcanic highlands, which are very present in the region. The region with its charming volcanic landscape looks similar to the landscape in the southeast of the island. During your visit, you will discover the life and culture of the day of the people. The Peasants who live from agriculture are very industrious. They have planted vegetables, corn and rice in this fruitful soil, whatever the Madagascans like to eat in everyday life, grows here in this country.

WATERFALLS LILY

One of the main attractions in the Ampefy region is a visit to the Lili waterfall. Located in Antafofo, you can already admire the beauty of the volcanic region along the road to these famous waterfalls.

Day 3 : Toliara - Anakao (Flight : 2:00h - Boat transfer: 1:30h)

After breakfast you will be accompanied to the airport. Today you will fly to Toliara. The flight will take about 2 hours. From there you will be picked up by our tour guides and. After lunch in Toliara you will be transferred directly to Anakao. The trip from Toliara to Anakao by boat is a special and exciting voyage. The trip will take about 1:30h. You will stay at the Hotel Anakao ocean lodge. 3 star hotel.

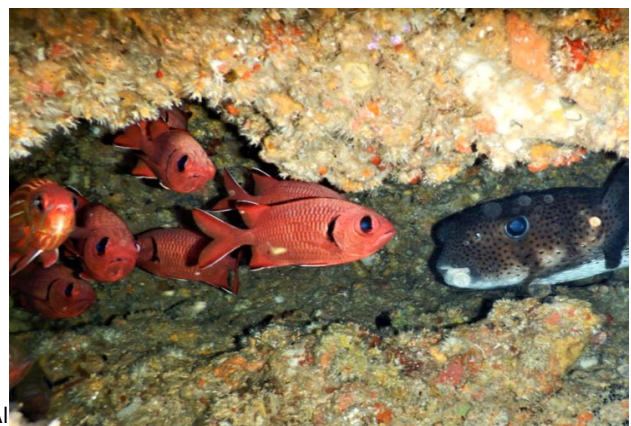


Day 4 : Yoga and meditation in the morning and Relax in Anakao

After morning yoga you will take breakfast and then relax in a peaceful hotel directly on the Ocean.. You also have the possibility to discover the Vezo villages. The life of the people there is very different than in the capital of Madagascar. They have a very nice culture, and of course different architecture of houses. Overnight at the Hotel Anakao ocean lodge. 3 star hotel.

ANAKAO

During the colonial period Anakao was a busy fishing port, and this is still the main occupation of the villagers today. Just after dawn every morning you can see the fishermen setting sail and dozens of tiny sails fluttering across the water. Anakao has some beautiful beaches, and off the coast lies Nosy Ve. This tiny island has a white sand coast and is home to hundreds of tropical birds. The reefs of Anakao offer good diving and surfing opportunities. While snorkeling you can see a myriad of fish, including surgeonfish, angelfish, butterfly fish, groupers and rays.



Day 5: Morning yoga and diving- Snorkelling Nosy Ve (around half days)

Today will be an exciting day for you because you will get to meet the exact inhabitants of the sea. After morning yoga you will take breakfast and then we will go by boat for a dive - snorkeling to a beautiful little island called Nosy Ve. Under the sea you can see several fish and other animals. Overnight at the Hotel Anakao ocean lodge. 3 star hotel.

NOSY VE

This place is really the dream of every diver. Under the water you will discover several animals that are absolutely amazing. Nosy Ve (also written Nossi-Vey or Nossy-Vey during the French colonial period) is a small, coral island three kilometers of Anakao in the extreme southwest of Madagascar with lonely white sandy beaches and low green with little shade. Local fady (taboos) have left Nosy Ve unspoilt and have provided a safe nesting place for many red- tailed tropical birds, allowing them to approach at close range. If you are looking for a place where you can Diving- Snorkelling, this is a great option.

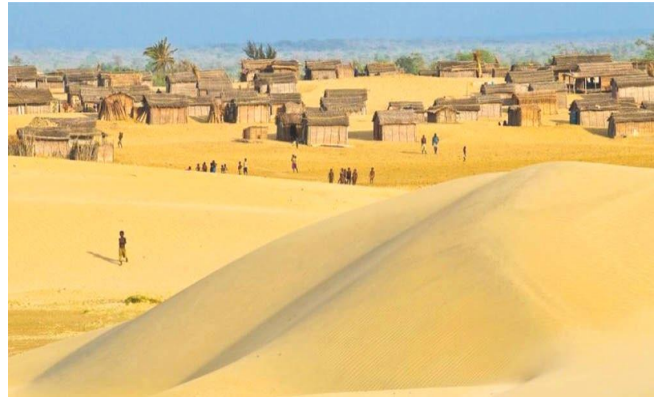


Day 6: Morning yoga and visite Mangrove in Island Sarodrano (around half days)

The adventure continued. After morning yoga you will take breakfast and then we will visit an island named Sarodrano. There we will discover extraordinary views with yellow fine sand. We will also have a look at mangroves. Later in the afternoon we will return to the hotel. Overnight at the Hotel Anakao Ocean lodge. 3 star hotel.

SARODRANO

The floristic zonation is visible in spite of mangrove samples: *Sonneratia alba* at the level of the lower Slikke; then *Rhizophora mucronata* and *Bruguiera gymnorhiza*; *Cerriops tagal*; finally *Avicennia marina* at the level of the rocky masses located at the base of the cliff. Sarodrano hinges at the dead cliff that forms the lower part of the great escarpment that limits the Causse de Belamotra. It is surmounted by dunes with little vegetation. It is thought to have been established late, 2,000 years ago B.P. (Battistini, 1995). On the cliff side, freshwater resurgence can be observed. The mangrove develops there over a width of 150 meters between the Bina cave and the Grande Source. At the edge of the sandy spit, one can see the remarkable homogeneity of the mangrove: *Avicennia* predominates but leaves the place to *Cerriops* in the undergrowth.



Day 7: Morning yoga and relax in Anakao

After the scheduled yoga in the morning you will just relax on the beach of Anakao Island. Overnight in Hotel Atlantis madagascar. Overnight at the Hotel Anakao Ocean lodge. 3 star hotel.

Day 8: Morning yoga and visit the National Parks Tsimanampetsotsa (around half days)

After morning yoga you will take breakfast and then we will drive to Tsimanampetsotsa National Park. This park offers diverse exotic views. There we will discover a salty lake with dry earth. The lemurs and other birds such as flamingos are looking forward to your visit. There we will have lunch and in the late afternoon we will return to the hotels. Overnight at the Hotel Anakao Ocean lodge. 3 star hotel.

TSIMANAMPETSOTSA

Among the 39 species of reptiles, the ray turtles are among the most important in Tsimanampetsotsa National Parc. They are endemic to this region and unfortunately extremely endangered and threatened with extinction. Due to the chemical composition of the salty lakes found there, no fish can actually survive in them. Apart from birds, there are 12 species of mammals, including the extremely rare and endemic local Grandidierii mongoose and four species of lemurs.



Day 9: Morning yoga and drive to Anakao - Toliara

After morning yoga you will take breakfast and then you will still have Time to relax on the beach of island Anakao. Later in the afternoon you will go to Toliara to take your next flight the next day. There we will pick up from our car and drive to have dinner at a restaurant. Afterwards we drove directly to the hotel. Overnight hotel Serena - 3 star hotel.

Day 10: Toliara - Antananarivo - Europe

The unforgettable voyage is at an end. The flight to Antananarivo will leave at 9:30 h. You will have breakfast earlier and then you will be accompanied to the airport. This flight will be around 2:00 hours. In Antananarivo you will fly to Europe.

END OF OUR SERVICE

INCLUDED:

- Hotels during the tour
- Transport during the tour
- Transport boat Anakao
- Transport boat Nosy Ve
- Transport boat Sarodrano
- Internet in the car during the tour
- Internal flight ticket
- 9 x morning yoga
- Yoga mat during the tour
- Breakfast
- English speaking guide during the tour
- Reception in English by a madagastours guide at the airport
- Welcome gifts
- 24/7 telephone support in English in Ifanadiana Madagascar during the tour
- 24-hour emergency service in English for family members during the tour
- Map of Madagascar
- Detailed information about the tour in English

NOT INCLUDED:

- Flight ticket to Antananarivo
- Entrance to the Park
- Travel Insurance
- Lunch & Dinner